



HOCKEY CALGARY

COMMUNITY HOCKEY GAME PLAY GUIDELINES 2021-22

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Disclaimer

Guidelines in this document are subject to change with changing restrictions implemented by the Government of Alberta, Alberta Health Services, the City of Calgary, Hockey Canada, Hockey Alberta, and/or Hockey Calgary.

Key Changes for the 2021-22 Season:

- Period Lengths (U11-U18)
 - 1-hour Permit Games – Period minute lengths are 13-13-13
 - 1.5-hour Permit Games – Period minute lengths are 15-20-20
- Jersey Colours (U9-U21)
 - The home team will be required to wear dark colored jerseys, while the visiting team will be required to wear light colored jerseys. In the event of a conflict or a third jersey, the team requesting the change must bring it forward to the opposing team and corresponding League Chair for approval.
- Off-ice Officials
 - All off-ice officials (Scorekeeper, Timekeeper, and Penalty Box Attendants (x2)) will be provided by the home team

U7 Timbits

U7 Jr. & Sr. Timbits Seasonal Structure

Jr. Timbits – Generally 1st Year Players

- Informal games until November 28th
- Jr. Timbit teams are permitted to play a **maximum of 16 ‘formal-modified’ games** during the season while adhering to of the phase game maximums above. This includes exhibition and tournament games. **NO EXCEPTIONS.**

U7 Jr. Timbits - Age: 5 (2016 born)

Introductory Phase			Development Phase			Regular Season Phase		
Sept 13 - Nov 26			Nov 27 - Jan 30			Jan 31 - Mar 27		
11	16-22	0	8	12-16	6-8	8	8-12	8-10
Weeks	Practices	Games	Weeks	Practices	Games	Weeks	Practices	Games

Total Practices: 40-50
Total Cross-Ice Games: 12-16 max

Maximum 2 Tournaments/Jamborees (HC Jamboree Excluded)
Only 1 Tournament/Jamboree can be **out-of-town****

Sr. Timbits – Generally 2nd Year Players

- Informal games until November 14th
- Sr. Timbit teams are permitted to play a maximum of **20 ‘formal-modified’ games** during the season while adhering to of the phase game maximums above. This includes exhibition and tournament games. **NO EXCEPTIONS.**

U7 Sr. Timbits - Age: 6 (2015 born)

Introductory Phase			Development Phase			Regular Season Phase		
Sept 13 - Nov 12			Nov 13 - Jan 30			Jan 31 - Mar 27		
9	14-18	0	10	14-20	8-10	8	8-12	10-12
Weeks	Practices	Games	Weeks	Practices	Games	Weeks	Practices	Games

Total Practices: 40-50
Total Cross-Ice Games: 16-20 max

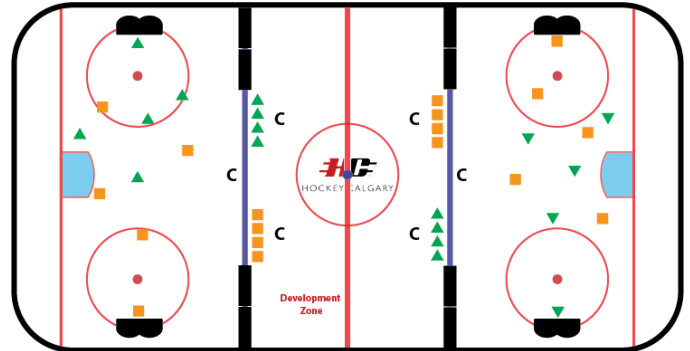
Maximum 3 Tournaments/Jamborees (HC Jamboree Excluded)
Only 1 Tournament/Jamboree can be **out-of-town****

Jr. & Sr. Timbits

- ****Out-of-Town** is defined as any rink outside of the Hockey Calgary Boundaries and thus requiring a travel permit. The reason for this limit is to help reduce the incremental costs associated with traveling to tournaments (hotels, food, gas, etc.)
- **Hockey Calgary Timbits Jamboree does not count towards any of the game limits**
- Any Timbits game hosted by a Hockey Calgary team/association must be played in a **Cross-ice format** (board to board, blueline down or between blue lines). However, teams are **permitted to play in a half-ice (goal line to redline) in games or jamborees hosted by other Minor Hockey Associations** provided they are sanctioned by Hockey Alberta. **Full ice games are not permitted.**

Jr. & Sr. Timbits Game Play

- Games will be played split squad in a **Cross-Ice Format** (board to board, blueline down)
 - Half red vs. half blue at one end, & the other half of red & blue at the other end
 - Teams will kneel on the blue lines rather than use the benches
- 4 vs. 4 format plus 2 ‘acting goalies’ (no goalie equipment)
 - “Acting goalies” transition from “acting goalie” to ‘player’ after their shift
- Two face-offs during the game
 - One to start the game, and one to start the second half
- No official score will be posted
- No off-sides, No icing
- **Blue Pucks**
- The main score clock is used as the **time keeping device** for both games simultaneously
- **Coaches on the ice with skates.** There will only be a maximum of 4-5 players on each bench so this should be enough communication to players.



- Shifts
 - 1.5 minutes (90 seconds) in length
 - Resting players will take a knee on the blueline
 - When the buzzer/whistle sounds, players must relinquish control of the puck immediately and skate towards the blue line (players kneeling area) **with the exception of the ‘acting goalie’ who transitions to ‘player’ for the next shift**
 - 4 new skaters enter the game surface area
 - 3 as ‘players’
 - 1 as ‘acting goalie’
 - **Tag Up Rule:** If there are fewer than 4 players on the bench, the active player designated to stay out for the following shift must tag up at the bench prior to racing to the play the loose puck.
- The **‘Developmental Zone’** has been added to allow opportunities to provide **individual instruction** and attention to players. Players and coaches will use the zone to varying levels. Some players will simply enjoy kneeling, taking a rest, drinking some water, and cheering on their teammates, while other’s may require some individual coaching.
 - **The ‘Developmental Zone’ is designed for coaches to:**
 - Look for and address ‘coachable moments’ in games (ex. Coach notices a player’s passing is not accurate. Coach can take the player after their shift, correct the error, and execute a couple of repetitions within the 90 second rest)
 - Run an individual activity for a player who isn’t tired, who needs an increased challenge, or who has trouble sitting still
 - **The ‘Developmental Zone’ is NOT designed for Coaches to:**
 - Run full drills/activities between shifts
 - Grab each or a single player after every shift to work on skills
 - Over coach

U9

U9 Seasonal Structure

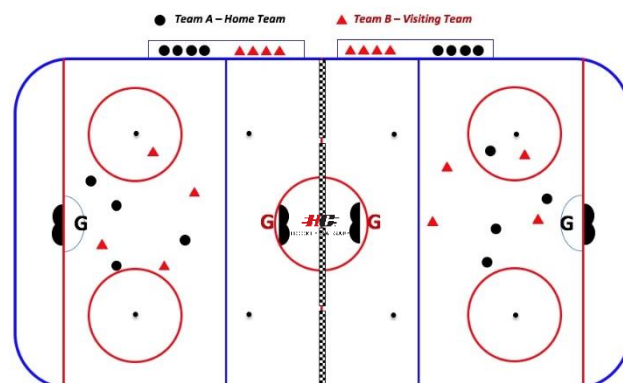
- **Game Maximum for U9 is 32 Games.**
 - 6 Seeding (HC Scheduled)
 - 10 Regular Season (HC Scheduled)
 - 2 EMHW (HC Scheduled)
 - 3 Tournament/Jamboree Maximum (approx. 9-12 games)
 - Exhibition Games (approximately 2 games)

U9 - Ages 7-8 (2013/2014 born)					
Prep, Evaluation, Development Phase		Regular Season Phase		End of Season Phase	
Sept 1 - Oct 22		Oct 23 - Feb 20		Feb 21 - Mar 27	
8-16 Practices	Exhibition Games	24-32 Practices	18 Scheduled Games	4-8 Practices	Tour. /Jamb. Games
Total Practices: 40-50					
Total 1/2 Ice Games: 32 max					
Maximum 3 Tournaments/Jamborees (excluding EMHW)					
Only 2 Tournaments/Jamborees can be out-of-town**					

- **Tournament/Jamboree Maximum will be 3 Tour./Jamb..**
 - **No tournaments participation prior to end of seeding round (Nov 22).**
- **Out-of-town Tournament/Jamboree Maximum will be 2 Tour./Jamb..**
 - Out-of-Town is defined as any rink outside of the Hockey Calgary Boundaries and thus requiring a travel permit. The reason for this limit is to help reduce the incremental costs associated with traveling to tournaments (hotels, food, gas, etc.)

U9 Seasonal Game Play

- Games will be played split squad
 - Half red vs. half blue at one end, & the other half of red & blue at the other end
 - At the mid-point of the ice session the **'visiting' team** will switch ends
 - Teams will share the benches
- 4 vs. 4 format – each team with 2 goaltenders
- ½ ice game will be played from the goal line (at one end), to the center line
 - The net at center ice will be put on the **center faceoff circle**
- Two face-offs during the game - one to start the game, and one to start the second half
- No official score will be posted
- No off-sides, No icing
- **Blue Pucks**
- The main score clock is used as the **time keeping device** for both games simultaneously
- 1 official at each end, plus an on or off-ice mentor official for developmental purposes.
- **A maximum of 2 coaches per team will be permitted on each bench.**
- Shifts will be 1.5 minutes (90 seconds) in length.
- When the buzzer/whistle sounds, players must relinquish control of the puck immediately and vacate the ice. The new players enter onto the ice surface immediately.
- **Tag Up Rule:** If there are fewer than 4 players on the bench, the active player designated to stay out for the following shift must tag up at the bench. **This is enforced by the coaches, not the officials.**



U11

The Game Maximum for U11 is **45 Games**.

The game count does NOT include Esso Minor Hockey Week and playoff games.

- 6 Games Seeding (HC Scheduled)
- 12 Games Regular Season (HC Scheduled)
- EMHW (1 game). **The first game in EMHW is Regular Season game and is counted in the 12 game Regular Season total.**
- Exhibition Games (approximately 4 – 11 games, booked at team's discretion)
- Tournament Games (approximately 12 – 16 games, booked at team's discretion)

Length of Games

Permit/Period Length	Period 1	Period 2	Period 3
1 Hour Permit	13 Minutes	13 Minutes	13 Minutes
1 ¼ Hour Permit	15 Minutes	15 Minutes	15 Minutes
1 ½ Hour Permit	15 Minutes	20 Minutes	20 Minutes

Note:

- All games are stop time.
- No time outs permitted.
- A 3-minute warm-up will begin at the scheduled permit time.
- Players will not leave the ice between periods.
- No game will exceed the permit time. If undue delays occur for any reason and the game cannot be completed within the permit time, the following procedure will be followed:
 - At the first stoppage of play after time reaches 5 minutes left on the permit, the timekeeper will notify the referee.
 - At this stoppage of play the clock will be reset to 2 minutes and the remainder of the game completed with stop time.

U13, U15, and U18

There is no maximum game limit for the U13, U15, and U18 age categories. However, Hockey Calgary suggests a schedule between 40-50 games in total.

Length of Games

Permit/Period Length	Period 1	Period 2	Period 3
1 Hour Permit	13 Minutes	13 Minutes	13 Minutes
1 ¼ Hour Permit	15 Minutes	15 Minutes	15 Minutes
1 ½ Hour Permit	15 Minutes	20 Minutes	20 Minutes
1 ¾ Hour Permit	20 Minutes	20 Minutes	15 Minutes
2 Hour Permit or Greater	20 Minutes	20 Minutes	20 Minutes

Note:

- i. All games are stop time.
- ii. No time outs permitted.
- iii. A 3-minute warm-up will begin at the scheduled permit time.
- iv. Floods between periods will only occur as follows: 1 ¾ hour permit – between 1st and 2nd periods; 2 hour permit - between 1st and 2nd periods, 2 ¼ hour or greater permit, a flood will occur between both the 1st and 2nd period and between the 2nd and 3rd period.
- v. For games of 1 hour and 1 ¼ hour duration, players will not leave the ice between periods.
- vi. For games of 1 ½ hours or more, players will not leave the ice between periods when no flood occurs.
- vii. No game will exceed the permit time. If undue delays occur for any reason and the game cannot be completed within the permit time, the following procedure will be followed:
 - a) At the first stoppage of play after time reaches 5 minutes left on the permit, the timekeeper will notify the referee.
 - b) At this stoppage of play the clock will be reset to 2 minutes and the remainder of the game completed with stop time.